



Healthy and Happy Seminar 12



Are You a Love Bug or a Love Bird?

The love bug is a small flying insect that starts mating right after females emerge, and adults live for just a few days.

The love bird is an affectionate small parrot that can live from ten to fifteen years, and has a strong monogamous bond to its mate.

1. In Eden, God created Adam and Eve to live like two love birds!

Genesis 2:24. True or False?

1. God said: Become "one flesh." This refers to sexual union.
2. Sexual activity is dirty and sinful in God's holy eyes!
3. Since God created sexual intimacy, within marriage, He has blessed it, and it is holy.

2. Each person has a choice: Live like a love bird or act like love bug! What are some dangers of love bug activity and casual sex?

3. One of the gravest dangers is AIDS. What is AIDS? True or False?

1. AIDS is an acronym for Acquired Immune Deficiency Syndrome.
2. It destroys white blood cells and weakens the immune system.
3. This prevents the body from fighting diseases and cancers.
4. Worldwide, AIDS has killed 10 million, kills 1.8 million a year!

4. So what's the difference between HIV and AIDS?

- HIV, Human Immunodeficiency Virus, is the virus that causes AIDS.
- Some early symptoms are diarrhea, swollen lymph glands, genital sores.
- Then for the next ten years, the infected person may show no symptoms!
- However the virus is silently doing its deadly work!
- During this period, the virus can be transmitted from person to person.
- If it is left untreated, HIV will develop into AIDS.

5. There are four ways that AIDS is contracted.

Choose the right words: infected, blood, needles, baby.

- (a) Sharing of contaminated _____, syringes, or sharp instruments.
- (b) Mother to _____ during pregnancy, childbirth or breastfeeding.
- (c) Transfusion of contaminated _____. This is the rarest cause.
- (d) The most frequent cause is unprotected sex with an _____ person.

6. What are some steps we can take to combat this scourge?

- T F 1. Be optimistic. With enough time, it will go away.
- T F 2. Face the facts. Get tested. And if infected, get treated.
- T F 3. Avoid casual sex. Refrain from having multiple partners.
- T F 4. Use caution. If unsure of your partner's health, use a condom.
- T F 5. Maintain sexual relationship with your safe marriage partner only.

7. Within marriage, how can we be love birds and enrich our sex life?

The first tip is: Create a Love Triangle.

- A third human is a danger.
The divine Third Person brings
a blessing.
- God blessed sex for the first couple.
He'll bless it for all married couples.
- The Supreme Sexual Union is
Physical, Mental, Emotional and
Spiritual.

8. Tip number two: Practice Win-win!

Choose: yours, variations, meet.

- (a) Often there are _____
in our sexual desires.
- (b) Win-Win means you satisfy my
needs, and I satisfy _____.
- (c) If each tries to please the other, we
will _____ along the way!



9. Here's the third tip: Master your Mathematics! What's that?

Group Activity. There are three expressions of love: Casual, Intimate, and Ultimate or Sexual. The man is an excellent mathematician! He counts 1, then 2, then 3! The woman is a poor mathematician! She starts and stops!

What's the solution? _____.

10. In Scripture, husband and wife are used as symbols.

Ephesians 5:25. He represents Christ, and she symbolizes the church.

11. The Book of Revelation pictures two different women – two churches!

(a) Revelation 17:3-5. This one represents the love _____.

(b) Revelation 12: 1. This one symbolizes the love _____.

12. Let's look at the story of Christ's love bird.

Revelation 12:2-5. True or False?

- T F **1.** This great dragon represents Rome.
- T F **2.** The pain of childbirth is the birth of Jesus in Nazareth.
- T F **3.** This beast's desire to devour the Child is Pilate's death decree.
- T F **4.** The Child caught up to God represents the ascension of Jesus.



13. Then Christ's true Church went into exile!

Revelation 12:6. She fled into the wilderness and spent 1,200 days.

- Since a day stands for a year (Ezekiel 4:6), this is 1,260 years.
- This was the age of Papal supremacy in Europe: 538 to 1798.
- It is called the Dark Ages. The Bible, God's light, was chained.
- Errors appeared: Penance, Purgatory, Sunday worship, Infant Baptism.

14. However Christ's love bird kept on singing from the wilderness!

Choose the right words: Baptists, Adventists, Lutherans, Methodists.

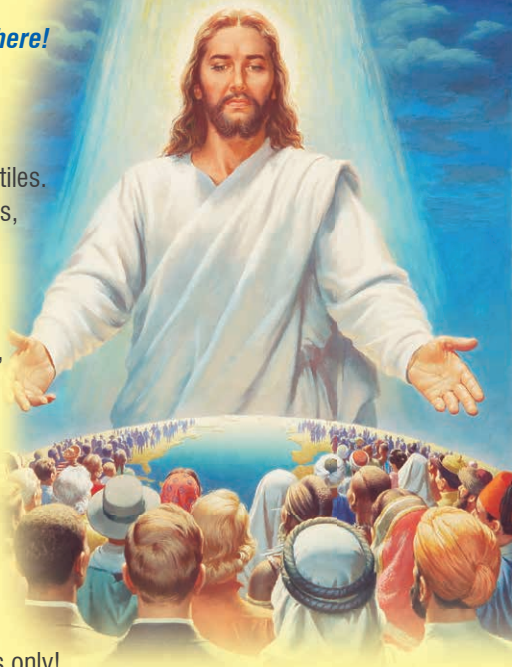
- (a) 16th Century:** The _____ proclaimed the Grace of Jesus.
- (b) 17th Century:** The _____ taught the Baptism of Jesus.
- (c) 18th Century:** The _____ practiced the Works of Jesus.
- (d) 19th Century:** The _____ taught Sabbath & Second Coming of Jesus.

15. Today Christ has love birds everywhere!

What's His message?

Revelation 18:2, 4. True or False?

1. He has honest Catholics and Protestants, honest Jews and Gentiles.
2. He has honest Hindus and Muslims, honest atheists and agnostics.
3. He says, "I understand you. Stay wherever you are."
4. His calls us from wherever we are, "Come out of her, My people"



16. In these last days of earth's history, every person must make a choice!

- The choice is: Be a spiritual love bug or Be a spiritual love bird.
- How to be a Spiritual Love Bug? Love Jesus and love Rome!
- How to be a Spiritual Love Bird? Love Jesus only!
- Because I love my Savior truly, I will love Jesus only.

17. Soon Christ will come for His love birds! What will take place?

Revelation 19:7. "Let us be glad and rejoice and give Him glory, for the marriage of the Lamb has come, and His wife has made herself ready."

Love birds forever! We will live together – happily ever after!

My Choice.

- Sex is sacred. So I reject casual sex. I choose to live like a love bird.
- I refuse to be a spiritual love bug! I will not love Rome and love Jesus.
- I choose to be a spiritual love bird! I will love and obey Jesus only.

Check Your Answers. 1. 1T, 2F, 3T. 3. 1T, 2T, 3T, 4F [killed 34 million]. 6. 1F, 2T, 3T, 4T, 5T. 12. 1T, 2F [Bethlehem], 3F [Herod], 4T. 15. 1T, 2T, 3F, 4T.

Attention! The information in this seminar is for health education only. It is not designed to be a substitute for the medical care of your physician.

Contributors. For a list of health professionals, go to the Leader's Guide on Website.



Illustrations: Pages 1 by Dreamstime; Pages 2, 3 by Arnol Jimenez; Page 4 by Good Salt. Family Logo by Enrique Urquijo. Layout, Design & Health Logo by Elizabeth Valoyes. Copyright © 2018 by Gordon & Waveney Martinborough, Happy Family Bible Seminars International. Website: www.HappyFamilyBSI.com – Email: waveney@happyfamilybsi.com Telephone: 407-884-0859 or 800-291-3060